

Xynergy have also introduced green products from the Arctic called Seagreens. Seagreens is a combination of pure wild seaweeds, rich in the minerals, phyto nutrients and trace elements we need to ensure that our own metabolic processes function well. These elements become terribly depleted in people who have been living on convenience foods. Seagreens not only help support health, they cleanse the body of toxicity and pollutants. The organic acids they contain and the iodine are natural detoxifiers which attract and bind heavy metals like cadmium, arsenic and lead, as well as radioactive substances, and remove them from the body. Alginic acid from seaweed is an important ingredient in the detox products formulated by the President of the British Society for Mercury Free Dentistry and Clinical Nutrition. The seaweeds in Seagreens are collected from thousands of uninhabited islands in the Arctic. They grow in a marine environment, as unharmed as any can be these days. They come in many different forms, all of which are useful: As an acrylic grinder that is easy to fill and use on the table as you would salt or pepper for instance. You can also get them as a powder in a shaker which you can spread over your salad (I particularly like this, as it gives a crunchy quality and feel to the salad). They also come in capsule form which you can take as a nutritional supplement. I am so delighted to see really good quality mixture of seaplants widely available from clean sea waters.